

## The resources you need to meet life's challenges



*EmployeeConnect*<sup>SM</sup> offers professional, confidential services to help you and your loved ones improve your quality of life.

| <br><b>In-person<br/>guidance</b>                                                                                                                                                                                                                                                                                                                                                              | <br><b>Unlimited<br/>24/7 assistance</b>                                                                                                                                                                                                                                                                                                                                                                                                                       | <br><b>Online<br/>resources</b>                                                                                                                                                                                                                                                                                                                                                                       |
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| <p>Some matters are best resolved by meeting with a professional in person. With <i>EmployeeConnect</i>, you and your family get:</p> <ul style="list-style-type: none"> <li>▪ In-person help for short-term issues (up to five sessions<sup>1</sup> with a counselor per person, per issue, per year)</li> <li>▪ In-person consultations with network lawyers, including one free 30-minute in-person consultation per legal issue, and 25% off subsequent meetings</li> </ul> | <p>You and your family can access the following services anytime online, via the mobile app, or with a toll-free call:</p> <ul style="list-style-type: none"> <li>▪ Information and referrals on family matters, such as child and elder care, pet care, vacation planning, moving, car buying, college planning, and more</li> <li>▪ Legal information and referrals for family law, estate planning, and consumer and civil law<sup>2</sup></li> <li>▪ Financial guidance on household budgeting and short- and long-term planning</li> </ul> | <p><i>EmployeeConnect</i> offers a range of information and resources you can research and access on your own. Expert advice and support tools are just a click away when you visit <b>GuidanceResources.com</b> or download the <b>GuidanceNow</b><sup>SM</sup> mobile app. You'll find:</p> <ul style="list-style-type: none"> <li>▪ Articles and tutorials</li> <li>▪ Videos</li> <li>▪ Interactive tools, including financial calculators, budgeting worksheets, and more</li> </ul> |

<sup>1</sup> In California, up to three sessions in six months, starting with initial contact by the employee.

<sup>2</sup> Services aren't included for employment law issues.

### *EmployeeConnect*<sup>SM</sup>

#### EMPLOYEE ASSISTANCE PROGRAM SERVICES

Confidential help available 24 hours a day, seven days a week for employees and their family members. Get help with:

- Family
- Parenting
- Addictions
- Emotional
- Legal
- Financial
- Relationships
- Stress



We partner with your employer to offer this service at no additional cost to you!



## *EmployeeConnect* counselors are experienced and credentialed.

When you call the toll-free number, you'll talk to an experienced professional who will provide counseling, work-life advice, and referrals. All counselors hold master's degrees, with broad-based clinical skills, and at least three years of experience in counseling on a variety of issues. For face-to-face sessions, you'll meet with a credentialed, state-licensed counselor.

## You'll receive customized information for each work-life service you use.



### Take advantage of *EmployeeConnect*

For more information about the program, visit **GuidanceResources.com**, download the **GuidanceNow mobile app**, or call **888-628-4824**.

GuidanceResources.com login credentials:

Username: LFGSupport Password: LFGSupport1

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### EMPLOYEE ASSISTANCE PROGRAM SERVICES

To find out more:

- Visit **GuidanceResources.com**.  
Username: LFGSupport Password: LFGSupport1
- Download the **GuidanceNow<sup>SM</sup> mobile app**.
- Call **888-628-4824**.



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